



Magic Movements

Facts sheet

Domestic Violence (2011 Four Corners)

43% of murders are a result of domestic violence
Half the reported assaults in division 4 (Moreland, Hume, Moonee Valley) occurred in the home

Victorian Police Statistics

District 1(Brunswick to Sunbury)

Sexual assault increased by 9.5%

House burglaries have increased by 6.9%

CASA House Sexual Assault Centre

70% of assaults go unreported

89% of assaults are from assailants

known to the survivor.

1 in 4 women survive sexual assault

1 in 6 men are sexually assaulted

before they reach 18 years of age

The Age 7/7/005

55.4% of women are raped by current or previous partners, boyfriends or dates.

33.5 % are raped by other known men

15,000 complaints regarding family violence

(2003/4)

Stalking: (University of Melbourne) If it continues for more than 2 weeks it will become dangerous and must be stopped

16-19yrs old...1 in 5 young women are stalked

WHIN: Women's Health in the North

1 in 3 women experience physical violence since the age of 15

Nearly 1 in 5 women had experienced sexual violence since age of 15

Be safe and confident in all situations

For further information :

Magic Movements

magicmovements2001@yahoo.com

Anita

Ph 9350 5293

Qualifications /training

Social work degree, post grad dip in History
The instructress has trained in Martial Arts for 25 years.

Goju Kai (Melb) 2yrs Wing Chun (Melb..3yrs

Darwin ..1yr) Aikikai (Melb 15yrs)

Aikido(various styles),Wu Shu, Kaliri Payutt,

Tae Kwondo, Jodo, Judo, Perisidiri

Russian systema

Certification

Frst Aid level II certificate

Certificate 3 fitness instructor

Certificate 4 modules (personal trainer)

Group fitness

Australian Government coaching certificate

yoga instructor (Bangalore.....India)

Employment

Yoga instructor ...Fernwood Gym, RACV Gym, various Neighbourhood houses

self defence

Epping High School

Northcote High school

Funfit school programs,

Australian After School Community coaching

Current memberships/ training

Western Judo academy, Aikikai Aust, Russian

Systema, Yoga in Daily life

I began to train in Martial Arts because I wanted to be independent and free to pursue my desires without any fears for my safety.

Now I enjoy the exercise, movement, discipline and building of inner strength.

I love its art in the forms (Kata).....patterns of movement and gracefulness.

It's like dancing.

I have a Social Work Degree and have been involved in community affairs for many years. One of my major concerns is that women, youth and children have the right to be safe in their home, workplace and community.

I was born in Egypt and I can speak Italian.